Theresa Forger

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With more than 30 years in the esthetics and beauty industry, I've had the opportunity to do a little bit of everything, from building and running my own medical spa to working as a medical esthetician, laser technician, consultant, and educator. Through all of it, one thing has stayed the same: I love helping people feel good about themselves.

I grew up with cystic acne, so I know what it feels like to struggle with your skin and the effect it can have on your confidence. That experience has stayed with me throughout my career and is a big part of why I care so much about helping others feel comfortable and confident in their own skin.

My experience covers a wide range of advanced skincare and cosmetic services, including laser hair reduction, corrective facials, chemical and specialty peels, microdermabrasion, dermaplaning, body treatments, waxing, and more. I've worked with all kinds of skin concerns and treatment goals, and I believe there is never a one-size-fits-all approach. I take the time to understand what a client is looking for, what their skin needs, and what will realistically help them get there.

I've also always enjoyed the business side of the industry. I founded and operated my own successful medical spa for more than 20 years, managing everything from employees, purchasing, marketing, payroll, and supplier relationships to client care and day-to-day operations. I grew the business to more than $500K in annual revenue and ultimately sold it after more than two decades of ownership.

What I enjoy most, though, is the people. Making someone feel comfortable, listening to what they want, seeing their confidence grow, that's what makes this work so rewarding. I take pride in creating an experience that feels professional and personalized without ever losing the human side of it.

After 30+ years, I'm still curious, still learning, and still excited about skincare and aesthetics. There's always a new treatment to learn, a new product to understand, or a new way to help someone feel their best. That's what keeps me passionate about what I do.