Education

Major: Psychology: College of Science
Graduation date: May 2025
College: USF- 2021-2022
High Point- 2022-2023
UCF- 2023-2025
GPA: 3.8

Experience

Tampa Bay Soccer Academy: June 2017- July 2020
- Lead counselor- coached and mentored 5-12 year olds for summer camp.

Liberty Recycling: December 2018- December 2020
- Worked hand in hand with management learning all aspects of the scrap metal recycling business including exporting materials overseas, day to day operating schedules, attending meetings, operating heavy machinery and labor.
- **Swami juice: September 2020- July 2021**
- Worked the cashier taking orders while also making smoothies, açaí bowls, avocado toast, and hand pressing juices.

USF Soccer Camp: August 2021-2022
- Worked coaching girls and boys ages 6-15 about soccer and the ways of the game.

Diesel Fitness : December 2023
- Shadowed the physical therapist at diesel for my winter break. Learning what a day of his life was and helping when needed.

YMCA: April 2024- August 2024
- Worked as a wellness attendant watching the floor, while getting shadowing hours and progressing to becoming a personal trainer for all ages and genders.

Personal business for personal training/nutrition : August 2024-April 2025
- Started my own personal business as a personal trainer for college athletes and college students, focusing on strength and conditioning aspects of training.

Golds Gym: May 2025-August 2025
- Worked as a personal trainer and nutrition coach, helping all ages of clients.

Crunch Fitness: August 2025-current
- Working as a personal training manger, training clients and running the personal training program at Crunch Channelside.

Extracurricular

Club soccer: 2005-2021
- Competed for 16 years.
- **Varsity Soccer: 2018-2021**
- Played all 4 years of high school, helped with time management in balancing school soccer, club soccer, and class.

College soccer: 2021-2023
- Competed in college soccer at 2 different colleges for 3 years.
- Excel at time management with training 7 days a week twice a day while dealing with classes and rehabilitation.

Personal Training:
- Certified in NASM personal training.
- Certified in NASM nutrition coach.
- Certified in NASM group training.
- Certified in American Red Cross CPR/AED/First Aid.

UCF Alpha Delta Pi: 2023-2024
- Serve as intramural chair, picking out all the sports we participate in.

UCF Women's soccer club : 2023-2024
- Played on the women's club soccer team, traveling to other colleges and staying at UCF playing teams in soccer.

Honors and Awards

Varsity Soccer : 2018-2021
- One of 15 in the county selected for All-conference American Division Fist Team (10th grade).
- All- conference American division first team (11th grade).
- Team captain (11th and 12th grade).
- Attacking player of the year (11th grade).
- 7a girls player of the year (11th and 12 grade).
- Hillsborough county girls offensive player of the year (12 grade).
- Broke record for most goals scored in 1 season (12th grade).
- Broke record for most goals scored in 1 playoff game (12th grade).
- Janet Alvarez award high school soccer player of the year (12th grade).
- Western conference all star team (10, 11, 12th grade).

Deans list: 2021-2025
- Award for students who have above a 3.5 GPA.

Tau Sigma Honors Society: 2023-2025
- Honor society for transfers who have above a 3.5 GPA.